

# Perennials for Shade

## Beginner's List (low maintenance)

Acanthus mollis, Bear's Breech  
Alchemilla mollis, Ladies Mantel  
Aruncus dioicus, Goat's Beard  
Bergenia, Elephant's Ear  
Brunnera macrophylla  
Cimicifuga racemosa, Bugbane  
Corydalis lutea  
Dicentra, Bleeding Hearts  
Epimedium  
Fuchsia, Hardy Fuchsia  
Helleborus orientalis, Lentenrose  
Heuchera  
Hosta, Plantain Lily  
Lamium, Dead Nettle  
Liriodendron, Lilyturf  
Ophiopogon, Mondo grass  
Podophyllum hexandrum

## Fall Interest

Acanthus mollis, flws, lvs  
Actea, Doll's Eyes, berries  
Amaryllis belladonna, flws  
Anemone japonica, flws  
Aster, divaricatus, flws  
Begonia grandis, flws, lvs  
Colchicum, flws  
Crocus sativus, flws  
Cyclamen hederifolium, flws  
Dicentra 'Adrian Bloom'  
Dicentra scandens, flws  
Epimedium rubrum, lvs  
Fuchsia, flws  
Habenaria, lvs  
Kirengishoma, flws

## Long Bloomers

Acanthus sp., Bear's Breech  
Alchemilla, Ladies Mantel  
Alstromeria sp., Peruvian Lily  
Anemone sp., Windflower  
Aruncus dioicus, Goat's Beard  
Astrantia, Masterwort  
Corydalis elata  
Dicentra formosa, Western Bleeding Heart  
Fuchsia  
Meconopsis cambrica, Welch Popy  
Myosotis, Forget-Me-Not  
Omphalodes, Navelwort  
Tradescantia, Spiderwort  
Symphytum, Comfrey

## Self seeders

Ajuga reptans, Bugelweed  
Alchemilla mollis, Ladies Mantel  
Anemone japonica, Japanese Windflower  
Begonia grandis  
Brunnera macrophylla  
Corydalis lutea  
Dicentra formosana, Western Bleeding Heart  
Digitalis, Foxglove  
Filipendula ulmaria, Meadowsweet  
Iris foetidus  
Lamium maculatum, Dead Nettle  
Myosotis, Forget-Me-Not  
Polemonium, Jacob's Ladder  
Primula, Primrose

## Half day Sun Perennials

Alstromeria  
Astrantia  
Aquilegia  
Campanula  
Digitalis  
Eupatorium  
Euphorbia amygdaloides  
Geranium  
Hemerocallis  
Heuchera, dark leaf forms  
Iris  
Lobelia cardinalis,  
Lobelia siphatica  
Narcissus  
Phlox subulata

## Evergreen Ferns

Blechnum spicant Deer Fern  
Cheilanthes sinuata Wavy Cloak Fern]  
Cyrtomium sp. Holly Ferns  
Dryopteris championii  
Champion Fern  
Dryopteris cycadina Shaggy Shield Fern  
Dryopteris erythrosora Autumn Fern  
Dryopteris filix mas 'Barnseii'  
Barne's Narrow Fern  
Dryopteris wallichiana  
Wallich's Wood Fern  
Polypodium glycyrrhiza  
Licorice Fern  
Polystichum arcostichoides  
Christmas Fern  
Polystichum munitum  
Western Sword Fern  
Polystichum polyblepharum  
Tassel Fern