



Edible Flowers

A colorful addition to the dinner table, edible flowers are an excellent way to introduce children to gardening. This list is by no means exhaustive. However, this list pertains only to the flowers and no other parts of the plants. **Never eat any flower you cannot identify with absolute certainty, nor any that have been treated with toxic chemicals.**

Anise Hyssop, *Agastache foeniculum*

Bachelor Button, *Centaurea cyanus*

Bee Balm, *Monarda*

Begonia, *Begonia hybrid*

Clove Pink, *Dianthus caryophyllus*

Chrysanthemum

Citrus blossoms

Clary Sage, *Salvia sclarea*

Clover, Red, *Trifolium pratense*

Daisy, English, *Bellis perennis*

Day Lily, *Hemerocallis fulva*

Elderberry, *Sambucus canadensis*

Fuchsia, *Fuchsia hybrid*

Geranium, scented, *Pelargonium*

Herbs (all culinary flowers)

Hibiscus, *Hibiscus spp.*

Hollyhock, *Alcea rosea*

Hyssop, *Hyssopus officinalis*

Jewelweed, *Impatiens carpanse*

Johnny Jump Up, *Viola tricolor*

Marigold, *Tagetes*

Meadowsweet, *Filipendula ulmaria*

Mitsuba, *Cryptotaenia japonica*

Nasturtium, *Tropaelum*

Nootka Rose, *Rosa nutkana*

Pansy

Passion Flower, *Passiflora spp.*

Pineapple Guava, *Feijoa sellowiana*

Prune, *Prunus domestica*

Rose, *Rosa spp.*

Sunflower

Tulip, *Tulipa spp.*

Vegetables (All except tomato, potato, eggplant, peppers and asparagus)

Viola, *Viola cornuta*

Violet, *Viola odorat*



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